

Men's experiences of Domestic Abuse

She threatened to kill me...

I was forced to sleep on the floor...

I handed over all my wages and had
nothing to live on...

Sex was always on her terms, when
she wanted and how she wanted...

I was not allowed to see my friends
or family, all my time was controlled...

I was beaten, pushed down the stairs,
had my leg broken and have been
glassed...

She stabbed me when I told her
I was leaving...

He threatened to tell my family that
I am gay...

I am constantly put down, verbally
abused and told I am worthless, I have
been made to feel less than human...

**If you have experienced any of these
situations we are here to help.**

Contact us

Tel: 0300 303 1972

Mobile: 07432 504692

Email:

bristolmens.dasupport@victimsupport.org.uk

Other useful numbers

Avon and Somerset Police: 101

Emergency Calls: 999

Crimes and incidents of hate and prejudice
will not be accepted in Bristol. Don't suffer
in silence.

Our Victim Supportline **08 08 16 89 111**
gives information and support for anyone
affected by crime.

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Bristol Men's Domestic Abuse Project

Promoting Personal Safety
and Emotional Wellbeing
for Male Victims of
Domestic Abuse

find the strength

What is Domestic Abuse?

An incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those who are, or have been, intimate partners or family members regardless of gender or sexuality.

The abuse can encompass, but is not limited to:

- psychological
- physical
- sexual
- financial, or
- emotional abuse.

According to government statistics:

700,000 men have reported experiencing Domestic Abuse in the last year

2.7 million men reported experiencing Domestic Abuse since the age of 16

0.5% of men have experienced sexual assault within a relationship

1.9% of men reported having experienced stalking in the last year.

Accessing the service

Our service is available to male victims, and those who identify as male, irrespective of ethnicity, sexual orientation, age, economic status, immigration status, disability status or religion.

We are able to support male victims who are fleeing so called 'honour' based violence and forced marriage.

We are also able to support gay, bisexual and transgender victims of Domestic Abuse.

Whether you wish to remain in your relationship, have already left, or are considering leaving, our service is available to support you.

The service can be accessed via the contact information on the rear of this leaflet.

If you do not feel confident to access the service independently, we are happy to speak to friends, family or colleagues if you wish a referral to be made on your behalf.

We offer the following support:

- Immediate safety planning
- Assistance with child contact
- Support through the civil justice process
- Support through the criminal justice process
- Support to access appropriate housing
- Signposting to counselling services
- Ongoing emotional support
- Support to access specialist refuge provision.