

If you are suffering from abuse, remember that:

It is not your fault

You will be believed

Help is available

Domestic Violence and Abuse
Female Genital Mutilation
Prostitution and Sex Work
Honour Based Violence

Rape and Sexual Assault
Sexual Harassment
Human Trafficking
Forced Marriage

**National Domestic
Violence Helpline
0808 2000 247**

BAVA is committed to ending violence against women and girls and sexual and domestic violence against men.

www.bava.org.uk

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[@bristolAVA](https://www.facebook.com/bristolAVA)

Facebook: Bristol Against Violence and Abuse

